FALL 2023: Creekside Football Parent/Player Meeting

<u>Creekside Football Mission</u> <u>Statement</u>

Creekside Football will develop leaders who are TOUGH, COMMITTED, and CARING with a great ATTITUDE, and WORK ETHIC!

Creekside Football Foundations

ATTITUDE **TOUGHNESS** WORK ETHIC COMMITMENT CARING

- ➤ Practice Times once school begins: If adjusted your child will communicate with you pick up is always 15 min after end time.
 - Monday: 4:00 to 6:30
 - > Tuesday: 4:45 to 6:30
 - ➤ Wednesday: 3:00 to 5:30 (but once the season is going it will be 5pm)
 - Thursday: Varsity practice 4:00 to 5:00/Jv Game Day
 - > Friday: Varsity Game Day/JV No practice
 - There will be weekly email sent with an updated daily schedule for each day that week.
 - ➤ Saturday 8am to 1pm. We will take busses to plantation park. Everyone is welcome to watch the scrimmage from 10:30 to 11:45.

- ➤ Game Day/Booster Club
 - ➤ Hometown Ticketing is our
 - > Season tickets can be purchased through our booster club. Please see the email following this meeting regarding booster club info.
 - ➤ Only "Reserved Parking" purchased through the booster club will be allowed to park near the stadium. General parking for varsity football games will be in Student Parking.
 - > All Home Games and some away will be live streamed via NFHS Network.

- > Athletic Trainer: Mr. Ryan Boyer
 - Ryan.Boyer@StJohns.k12.fl.us
 - > Injuries/Training procedures and protocols
 - ➤ Inform your coach, see RB (before leaving)
 - > Concussions and prevention (hydration & weight room)
 - ➤ Training/rehab occurs prior to meetings from 3:55 to 4:15 Athletes should be late to meetings not practice

- Contact Info & Communication: Please visit www.creeksidefootball.com and click on "Sign Up" to be added to our email distribution list.
- Attendance: Fall Practice is mandatory each day. Missed Practice will equate to missed playing time. Any health issues will be an excused absence, as long as communication with myself and Ryan Boyer occurs
- Victory with Honor: The guidelines are in athletic clearance.
- > Academic Support: Student Athletes! Wednesdays before school for current D's & F's.
- Figure 2 Section 2 Section
- Game Day: Each athlete will wear Khaki pants with their jersey to school.
 - No shorts or jeans.

- From Assignment: We will do our best to keep each player on the same team from week to week. The rosters are fluid due to performance, injuries, suspensions, etc. If your son's status changes, we will communicate that with him ASAP, usually on Monday of the week a change occurs.
- ➤ We have informed each young man of their preliminary assignment this week. Some young men are still competing for spots on each JV team and Varsity.

> How Can You (Parents) Help

- Make sure your son is sleeping 8+ Hours with his phone off when they are "sleeping".
- Embrace the work and help them develop the GRIT needed to be successful. It is the most common trait of success people.
- ➤ Make sure they are eating & hydrating 5,000+ Calories a day and 100 ounces of water are the generic numbers—need 3 to 4 snacks on top of Breakfast, Lunch and Dinner. We provide them one snack after they lift each day.
- Equipment: Each player must provide their own girdle and cleats.
 - Weight room/Conditioning attire: Grey Shirt & Red Shorts.
 - Swag/Drip: Plain White or Plain Black (Leggings will match our socks. Everyone will wear team socks. All swag/drip must be Under Amour.

Important Dates:

- Varsity Yard Sign sale following finalization of our rosters today. Email will go out this week and sales must be finalized quickly.
- ➤ Labor Day 9/5 Practice will be from 4 to 7pm

CHS Athletic Fees

➤ <u>Registration Fee:</u> \$125 — will be paid via Hometown Ticketing. To access the link please visit the Creekside High School Athletics Website → "Ticketing & Livestream" → "Purchase Tickets" and the Registration Fee link is at the bottom of the page.

Volunteering

- ➤ We will be asking each family to cover 1 slot for the entire season either taking tickets or in the concession stand. Sign-up genius link will be emailed. Open slots will be assigned this weekend.
- ➤ Please email Brooke Reynolds (bwreynolds78@gmail.com) to become a registered volunteer or with any questions.
- > This includes Pregame meal Volunteers.

Sponsors & Fundraising

- Mission: To provide our student athletes with the best equipment and experience possible.
- > Sponsorships: Please email Mrs. Gina Stapp (ginastapp0527@yahoo.com)
- ➤ 2 Main Fundraisers: Red & Black Gala & Fall Score Card Sales
- > <u>Currently:</u> Score Card fundraiser has ended. Each athlete was asked to sell 15 cards to cover their post workout nutrition and meal fees. Cards should be turned in at this time.
- <u>Red & Black Gala:</u> Coordinator is Jennifer Kime (<u>JLKime2212@yahoo.com</u>) we need as much help as possible!

Touchdown Club

- Mission: To provide each of our student athletes with the best possible high school football experience.
- > <u>Joining:</u> Next meeting is Monday 8/7 at 6:30pm in the CHS Library. Please reach out to Gina Stapp if you would like to join but cannot attend. (<u>ginastapp0527@yahoo.com</u>)
 - Need help with
 - Pre-game Meals
 - > Sponsorships
 - Gala Fundraiser
 - Banquet
 - This is the best way to be involved in the Creekside Football Program as a parent

Thank You for your support

#TakeOver23 #WorkToWin