

FALL 2021: Creekside Football
Parent/Player Meeting

Creekside Football Mission **Statement**

Creekside Football will develop leaders who have a great amount of TOUGHNESS, a great ATTITUDE, a determined WORK ETHIC, are COMMITTED and who CARE for others in every aspect of their life.

Creekside Football Foundations

TOUGHNESS

ATTITUDE

WORK ETHIC

CARING

COMMITMENT

FALL 2021

➤ 2021 Covid-19 Protocols

➤ We are following all School District and CDC Protocols

➤ Changes include

➤ Masks are optional at school, meetings, weight room, etc.

➤ Each player has their own water bottle, this will be applied at games as well.

➤ We are sanitizing equipment and locker rooms daily.

➤ We are taking steps to help prevent “close contact” such as not meeting in doors. Making sure lifting groups are composed of different positions, etc. Our goal is to keep everyone healthy and give them the opportunity to compete.

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➤ 2020 Covid-19 Protocols

- If a player is “exposed” to Covid-19 will be quarantined for 10 days or they can test on day 6/7 and return on day 8 as long as there are no symptoms. Athlete's who are vaccinated do not have to quarantine as long as they do not have any symptoms and their vaccination is confirmed by school district personnel.

FALL 2021

- Practice Times once school begins: If adjusted your child will communicate with you – pick up is always 15 min after end time.
 - Monday: 5:00 to 6:30
 - Tuesday: 4:45 to 6:45
 - Wednesday: 3:45 to 5:45
 - Thursday: 4:05 to 5:30/Jv Game Day
 - Friday: Varsity Game Day/JV No practice
- There is usually a weekly email sent with an updated daily schedule.
- This week – Thursday 3:30 to 7 – Friday 4 to 6 – Saturday 8am to 1pm. We will take busses to plantation park. Everyone is welcome to watch the scrimmage from 10:30 to 11:30.

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➤ Game Day/Booster Club

- No physical tickets will be purchased this year and all tickets will be purchased through GoFan. An email will be sent with the link to purchase SEASON TICKETS. All other tickets can be purchased through the GoFan website each week.
- Only “Reserved Parking” purchased through the booster club will be allowed to park near the stadium. General parking for varsity football games will be in Student Parking.
- All Games will be live streamed via NFHS Network.

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- Athletic Trainer: Mr. Ryan Boyer
 - Ryan.Boyer@StJohns.k12.fl.us
- Injuries/Training procedures and protocols
 - Inform your coach, see RB (before leaving)
- Concussions and prevention (hydration & weight room)
- Training/rehab occurs prior to meetings from 3:55 to 4:15 – Athletes should be late to meetings not practice

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- **Contact Info & Communication:** Please visit www.creeksidefootball.com and click on “Sign Up – To Receive 2021 Football Emails” to be added to our distribution list.
- **Attendance:** Fall Practice is mandatory each day. Missed Practice will equate to missed playing time. Any health issues will be an excused absence.
- **Victory with Honor:** The guidelines are in athletic clearance.
- **Academic Support:** Student Athletes! Wednesday’s before school for current D’s & F’s.
- **Game Day:** Each athlete will wear Khaki pants with their jersey to school.
 - No shorts or jeans.

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- **Team Assignment:** We will do our best to keep each player on the same team from week to week. The rosters are fluid due to performance, quarantines, injury, suspensions, etc. If your son's status changes, we will communicate that with him ASAP, usually on Monday's.
- We have informed each young man of their preliminary assignment this week.

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➤ **How Can You Help**

- Make sure your son is sleeping 8+ Hours with his phone off when they are “sleeping”.
- Embrace the work and help them develop the GRIT needed to be successful.
- Make sure they are eating & hydrating – 4500+ Calories a day and 100 ounces of water are the generic numbers - need 3 or 4 snacks on top of Breakfast, Lunch and Dinner. We provide them one snack after they lift each day.

➤ **Equipment:** Each player must provide their own girdle and cleats.

- Weight room/Conditioning attire: Grey Shirt & Red Shorts started Monday.
- Leggings/Swag: Plain White or Plain Black (Leggings will match our socks. Everyone will wear team socks. All swag must be Under Armour.

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Important Dates:

- Varsity Yard Sign sale following finalization of our rosters today. Email will go out this week and sales must be finalized by Monday.
- Labor Day 9/6 – Practice will be from 4 to 7pm

CHS Athletic Fees

- **Registration Fee:** \$100 – Checks made out to Creekside High School or can be paid online through SchoolPay, a link will be sent via email.

Volunteering

- We will be asking each family to cover 1 slot for the entire season either taking tickets or in the concession stand. Sign-up genius link will be emailed. Open slots will be assigned this weekend.
- Please email Kir Butler at kir.e.butler@gmail.com to become a registered volunteer or with any questions.
- This includes Pregame meal Volunteers and Chain Gang.

Sponsors & Fundraising

- **Mission:** To provide our student athletes with the best equipment and experience possible.
- **Sponsorships:** Please email Mrs. Kelly Goodfriend (kellykgoodfriend@gmail.com)
- **2 Main Fundraisers:** Red & Black Gala & Fall Score Card Sales
- **Currently:** Score Card fundraiser has ended. Each athlete was asked to sell 15 cards to cover their post workout nutrition and meal fees. Cards should be turned in at this time.

Thank You for your support

#unFINISHed21

#WorkToWin